System of Care Overview

Presented to the State Interagency Council for Services to Children with an Emotional Disability

September 25, 2013

What is a System of Care?

- A spectrum of effective, community-based services and supports for children and youth with or at-risk of behavioral health or other challenges and their families…
    - *organized into a coordinated network,*
    - *builds meaningful partnerships with families and youth,*
    - *addresses their cultural and linguistic needs*

    …in order to help them function better at home, in school, in the community, and throughout life.

System of Care Core Values

- Family-Driven & Youth-Guided
- Culturally- and Linguistically-appropriate
- Community-Based

System of Care Guiding Principles

- Availability and access to a comprehensive array of effective, community-based services and supports

- Strength-based, individualized service planning

- Evidence-informed and promising practices

- Services and supports delivered in the least restrictive, most normative environments possible

- Partnerships with families,
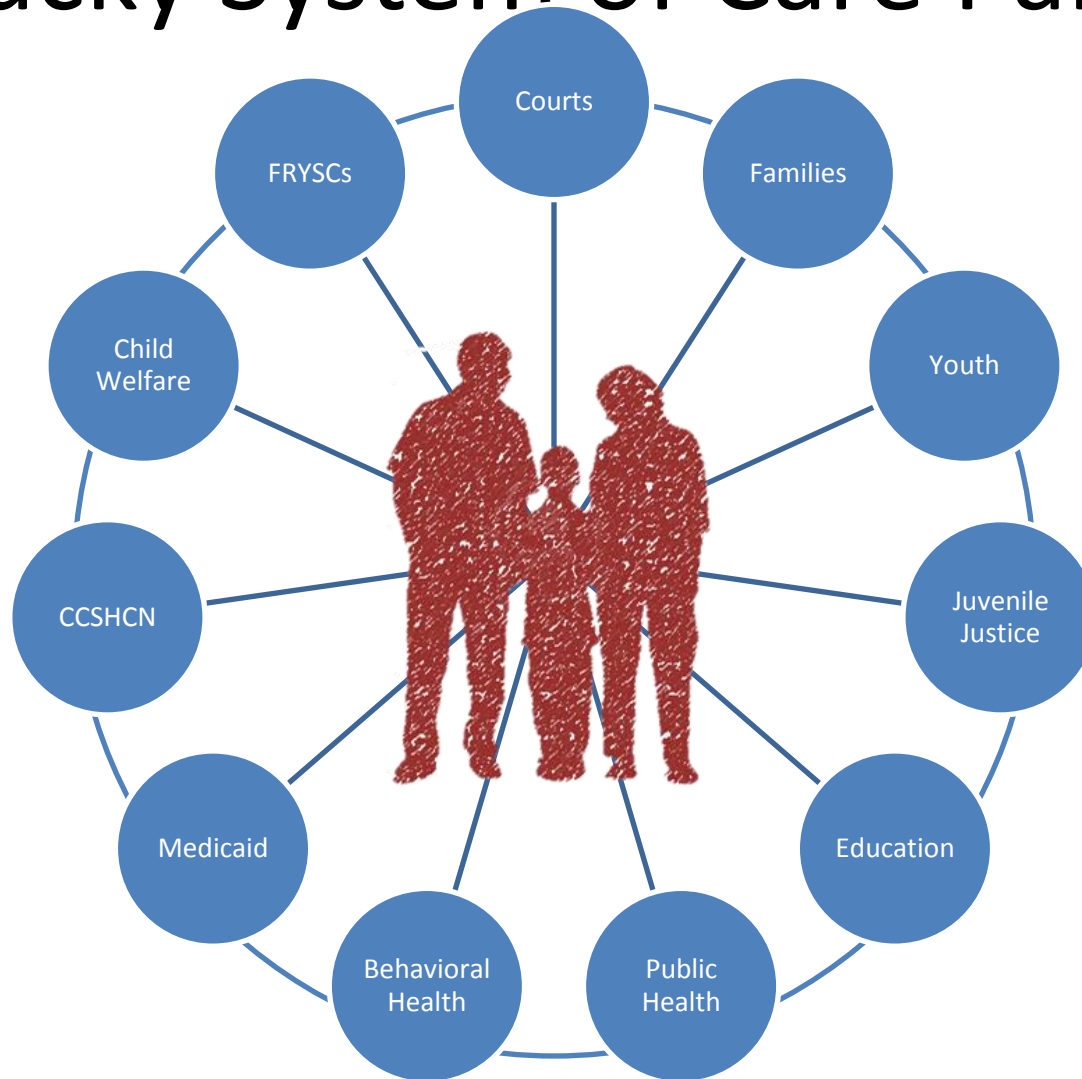
- Cross-agency coordination

System of Care Guiding Principles

cont.

- Care management

- Developmentally appropriate services

- Incorporate mental health promotion, prevention, early identification and intervention

- Accountability and quality improvement tracking

- Protect the rights of children and families

- Provide services without discrimination

Kentucky System of Care Partners

How Did We Get Here?

- Kentucky has a 25 year history with SOC implementation

- Each initiative has built upon previous successes and lessons learned

- Secretary Haynes charged CHFS with redesigning children's behavioral health

- State agency partner meeting (SIAC members) in April resulted in agency commitment to move ahead

Timing is Everything!

- July 1, DBHDID received notification that it was awarded a SAMHSA System of Care Expansion Implementation cooperative agreement, Kentucky Initiative for Collaborative Change (KICC)

- KICC provides human resource and financial support to further review, prioritize, operationalize, and implement redesign goals across all child-serving agencies

Grant Award Details

- $4 million, four-year cooperative agreement from the Substance Abuse and Mental Health Services Administration (SAMHSA)

- Kentucky Initiative for Collaborative Change (KICC)

- Cooperative agreement funds support SOC implementation, infrastructure and expansion, <u>not</u> direct-services

KICC Goals

1. Implementing policy, administrative, and regulatory changes

2. Developing or expanding services and supports

3. Creating or improving financing strategies

4. Providing training, technical assistance and coaching

5. Generating support and advocacy base

How Does KICC Support SIAC?

- Enhance the ability of the SIAC and RIACs to fulfill their roles as governing bodies for services and supports to children and youth

- Support the expansion and sustainability of the System of Care approach across all child-serving agency partners

- Provide a framework for all agency redesign efforts

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GOALS & PROPOSED ACTIVITIES

GOAL #1: IMPLEMENTING POLICY, ADMINISTRATIVE, REGULATORY CHANGES

Proposed Activities

- Strengthen interagency collaboration
- Formally define in policy and procedure the role and scope of SIAC and RIAC staff
- **Develop policy statement to support inclusion of trauma-informed care practices for adoption by SIAC member agencies**
- Incorporate SOC framework into RFPs and MOA/MOU with agencies receiving state funds
  - Example: requiring youth and families to be meaningfully involved in decision-making
- Expand upon DCBS psychotropic medication oversight committee to encompass all children
- Support scaling up of evidenced-based screening, assessment and treatment for youth served by KAT-ED initiative

GOAL #2: DEVELOPING OR EXPANDING SERVICES AND SUPPORTS

Proposed Activities

- Collaborate with MCOs to implement pilot projects
- Create cross-agency map of current services and supports, including eligibility, availability, provider capacity
- **Improve transitions experienced by youth when moving between and among provider agencies**
- Increase wraparound training for care coordinators
- Explore creation of care management entities in other states for potential KY implementation
- Maximize available technology to provide technical assistance that supports workforce development

GOAL #3: CREATING OR IMPROVING FINANCING STRATEGIES

Proposed Activities

- Seek federal funding opportunities to incorporate SOC expansion activities into their proposals
  - Example: collaborative funding proposal between DBHDID, DCBS, U of L to improve outcomes for permanency
- Work with MCOs and DMS to determine whether implementing case rates or other risk-based financing approaches are viable to support SOC
- Broaden the use of child-serving agency funds to support evidence-based screening, assessment, and treatment
- **Investigate and implement strategies to redeploy funds from high-cost residential and inpatient services to home and community-based services**

GOAL #4: PROVIDING TRAINING, TECHNICAL ASSISTANCE, COACHING

Proposed Activities

- Provide SOC primer training to all SIAC members
- Host annual SOC summit
- Support the development of a wraparound training cadre across SIAC member agencies
- Explore the creation of a state technical assistance center to support SOC implementation efforts
- Host quarterly webinars with National Advisory Group (NAG) to support system of care implementation efforts
- Pilot training for youth peer support specialists
- Train SIAC members to equip them with skills and knowledge necessary for system-wide change

GOAL #5: GENERATING SUPPORT AND ADVOCACY BASE

Proposed Activities

- Draft and promulgate Youth Peer Support Administrative Regulation
- **Publish annual "State of Kentucky's Children" report reflecting SOC successes, challenges and outcomes**
- Publish periodic data briefs on various aspects of SOC expansion efforts
- Expand interagency partnerships with MCOs
- Train SIAC members to equip them with skills and knowledge necessary for system-wide change
- Strengthen relationship with CHFS Office of Communications to raise awareness of SOC expansion

What does this mean for SIAC?

- Involves collaboration across agencies, families, and youth

- Improve services and access and expanding the array of coordinated community-based, culturally competent services and supports for children, youth and families

- Access to National Advisory Group (NAG) that will guide the work of SIAC and RIAC's

Next Steps

- 2 ½ day System of Care Primer training for all members of SIAC

- Initial meeting of National Advisory Group (NAG) with SIAC members to review recommendations of 2-day April meeting and integrate into KICC work plan